

If you need support in making your Person Centered Plan, or if you need help filing a Recipient Rights Complaint or a Medicaid Fair Hearing, call your local Arc office.

The Arc Dearborn / Dearborn Heights

27325 West Warren Road
Dearborn Heights, MI 48127
313-562-1787

The Arc Detroit

51 West Hancock
Detroit, MI 48201
313-831-0202

ARC Downriver

4212 Thirteenth Street
Wyandotte, MI 48192
734-283-0710

The Arc of Northwest Wayne County

26049 Five Mile Road
Redford, MI 48239
313-532-7915
<http://comnet.org/arcnw>

The Arc of Western Wayne County

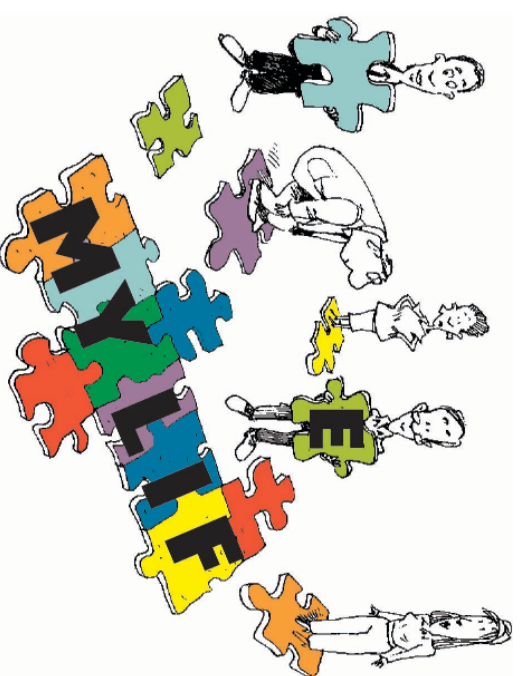
2257 South Wayne Road
Westland, MI 48186
734-729-9100
www.thearcww.org
info@thearcww.org



Just what is Person Centered Planning

anyway?

Bringing the people
important to YOU
together.....



.....to help YOU plan
for the life
YOU want

An informational pamphlet provided by
The Arc Coalition of Wayne County
with assistance from
Michigan Protection and Advocacy

The
Arc



Person Centered Planning is a way for you to bring together people who are important to you . . . like your mom and dad, brothers and sisters, and friends . . . and people that work for you, like your social worker, staff or psychologist, to help you plan the life you want.

According to the Michigan Mental Health Code, you should:

Have Control

Who comes to your meeting
Where your meeting is held
What day and time you have your meeting
Who you want to lead your meeting
What is talked about at your meeting



Express Yourself

Feel safe to talk about your desires and dreams
Feel comfortable to talk about what you need
Be open to feedback from others



Talk about the help you might need

To live where you want
To be involved in your community
To be happy and healthy

Talk about who can help you and how

Family and friends
Your social worker
Your staff
Other professionals

Talk about what is important to you

How you worship
How you celebrate with your family
Where you work or want to work
Spending time with friends
How you spend your free time

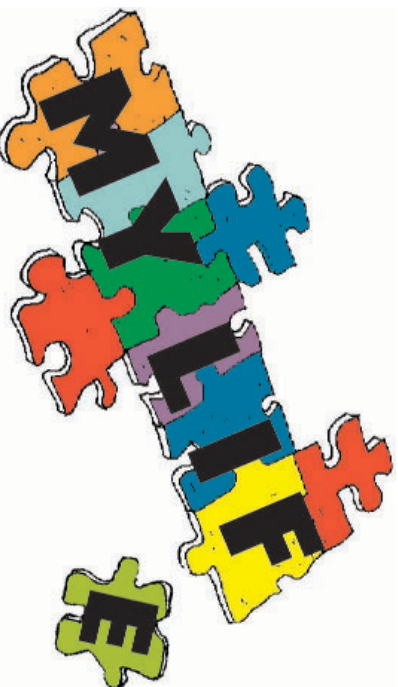


After all this talking....it is time to put your plan into **ACTION**. Sometimes, this is called a Plan of Service.

Putting your plan into action means looking at the things that you said you wanted and deciding **who** will help and **how** and **when** they will help you get what you want.



This includes help from the **Mental Health System**. Make sure your plan talks about what services you need and how often you will need them.



Once your Action Plan is complete, you need to know that you have some **rights** about what is in your plan. You should always get a list of these rights in writing from your provider. This list is called a **Notice of Hearing Rights**.

If you talked about something you wanted at your meeting, and it is not in your plan, you should be given an **Adequate Action Notice**. If your plan doesn't have enough services in it or if some services were taken out, you should be given an **Advance Action Notice**.



If you do not like what is in your plan, or if something is missing, or if there are not enough services, you have the right to ask a judge to help.

This is called a **Medicaid Fair Hearing**. You have to ask the judge to help within 90 days of getting a notice from your provider. To ask for a hearing, you can call **The Michigan Department of Community Health** at 1-877-833-0870.



You can also call your local Arc to help you. All of the Arcs in Wayne County are listed on the back of this pamphlet.

You can also file a **Recipient Rights Complaint** if you don't like what is in your plan. A person called a Rights Officer will talk with you and other people that helped make your plan to see if your rights were violated. If they were, your service provider will have to follow the decision made by the investigation.

To file a complaint, you can call **The Office of Recipient Rights** at 1-888-339-5595.

You can also call your local Arc to help you file a rights complaint.

